

# Child Care Food Program

1531 E. Sunshine Suite E-1  
 Springfield, MO 65804  
 (417) 865-8427 Fax (417) 865-6437  
 forms@ccfpfood.com

# Older Infant Menu

Childs Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Childs Name \_\_\_\_\_ Birthdate \_\_\_\_\_

**\*You may only show two infants on the same menu if they are between 8-12 months old**

Formula or Breast Milk \_\_\_\_\_

Provided by (check one) :  Parents  
 Providers

Month / Year \_\_\_\_\_

Week       
 1 2 3 4 5

Provider \_\_\_\_\_

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		DAY OF THE WEEK:	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST AM	Iron - Fortified Formula or Breast Milk (record ounces offered)		oz.	oz.	oz.	oz.	oz.	oz.	oz.
	Iron - Fortified Dry Infant Cereal (record kind offered)								
	Fruit AND/OR Vegetable of appropriate consistency ( <b>cannot</b> be juice)								
AM SNACK AM	Iron - Fortified Formula, Breast Milk or 100% Juice (record ounces & kind offered)		oz.	oz.	oz.	oz.	oz.	oz.	oz.
	Crusty Bread** or Crackers** (see note below)								
LUNCH —	Iron - Fortified Formula or Breast Milk (record ounces offered)		oz.	oz.	oz.	oz.	oz.	oz.	oz.
	Iron - Fortified Dry Infant Cereal (record kind offered) and/or Meat/Meat Alternative*								
	Fruit AND/OR Vegetable of appropriate consistency ( <b>cannot</b> be juice)								
PM SNACK PM	Iron - Fortified Formula, Breast Milk or 100% Juice (record ounces & kind offered)		oz.	oz.	oz.	oz.	oz.	oz.	oz.
	Crusty Bread** or Crackers** (see note below)								
SUPPER PM	Iron - Fortified Formula or Breast Milk (record ounces offered)		oz.	oz.	oz.	oz.	oz.	oz.	oz.
	Iron - Fortified Dry Infant Cereal (record kind offered) and/or Meat/Meat Alternative*								
	Fruit AND/OR Vegetable of appropriate consistency ( <b>cannot</b> be juice)								
EYE SNACK PM	Iron - Fortified Formula, Breast Milk or 100% Juice (record ounces & kind offered)		oz.	oz.	oz.	oz.	oz.	oz.	oz.
	Crusty Bread** or Crackers** (see note below)								

\* MEAT ALTERNATIVES: Egg Yolk, Cooked Dry Beans or Peas, Cheese, Cottage Cheese, Cheese Food Spread. Refer to INFANT MEAL PATTERNS FOOD CHART. ALL component choices on this menu are required for infants 8-12 months of age. Please show number of ounces of formula, breast milk, or juice offered. Also show times meals & snacks were served.

\*\* At 8 months of age, these are required when developmentally ready. **Juice is not creditable at snack time until 8 months of age.**